

Study Starter Activities (Ages Birth to 5 years old)

5 Senses

Math Activities (3)

1. Five Senses Sorting Activity-

<https://www.totschooling.net/2016/05/five-senses-sorting-printable.html>



2. Color Sensory bag- make colored circles with permanent markers on the zip lock. Add Hair gel and different colored buttons. Have kiddos use their fingers to sort the buttons into the correct colored circles



sensory bag



3. Shape sensory bag- Use permanent markers to draw different shapes on the zip lock. Add hair gel and different shapes (shape buttons) and have kiddos sort by shapes. *For younger students draw shapes on one side of bag and put it that side down. Add hair gel with dark food coloring so you can't see the shapes. Have them push around the gel to reveal shapes.



4. Number sensory bag- Use permanent markers to write different numbers and draw a circle around those numbers. Add hair gel and buttons or other small objects. Have kiddos identify numbers and move that many objects to the circle
*For younger students- Same concept as shape bags for younger students



Art Activities (3)

1. Texture Collages- put out various materials (puffy paint, felt, beads, sandpaper, etc) that have different textures and let children create whatever they would like!



2. Smell Paint- Either use different kinds of kool-aid powder or various spices. Mix the Kool-Aid into water and it will give it color from the kool-aid. To make the color more pronounced, add some food coloring. For the spices, mix into regular tempura paints, colors of your choosing.



3. Scratch and sniff names-

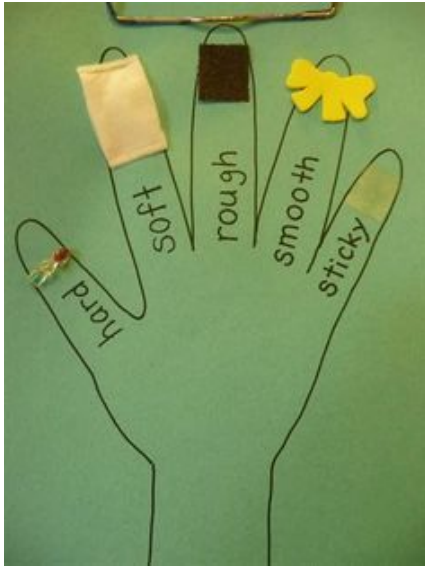
<https://fun-a-day.com/5-senses-activity-with-scratch-and-sniff-names/>



Scratch & Sniff
5 senses name activity



4. Texture Hand Art

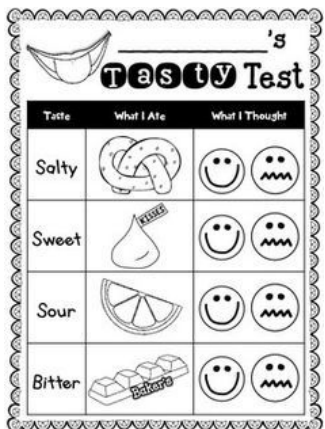


5. Listen and Draw-Put on different kinds of music and let the kiddos draw to the music and let the music inspire their drawings
6. Blind painting- Let the kiddos paint while blindfolded

Cooking Activity (2)

1. Taste Bud Taste Test-First talk about the different taste buds and then have a taste test day.

<https://www.teacherspayteachers.com/Product/Five-Senses-FREEBIE-Science-Activities-Interactive-and-Engaging-CCSS-1454812>

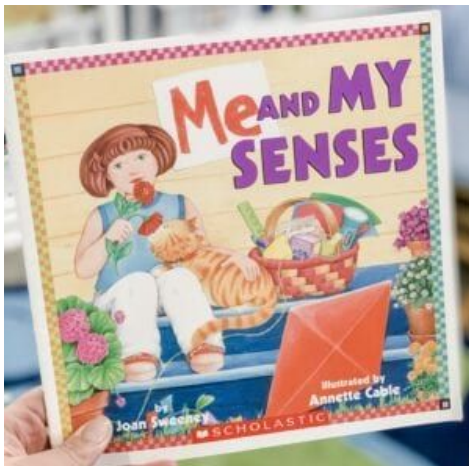


2. Make your own Rice Krispie Treats
 - a. $\frac{1}{4}$ cup butter
 - b. 6 cups mini marshmallows
 - c. 6 cups Rice Krispies Cereal
 - d. Different kinds of sprinkles
 - e. Food coloring
 - f. Cups and spoons for each child

Directions-1. Put butter and marshmallows in a large bowl and microwave. Then, give some of the marshmallow batter to each child (make sure not too hot). Let them add in food coloring of their choice, and sprinkles. Next, give everyone some cereal to stir together in their marshmallow/sprinkle batter to form the rice krispies. Talk about the textures they feel between the marshmallow batter and the cereal. What do you see in your treat (sprinkles, colors)? What does it taste like, good or bad? Does it smell good or bad? What kinds of noises did you hear while making it and eating it?

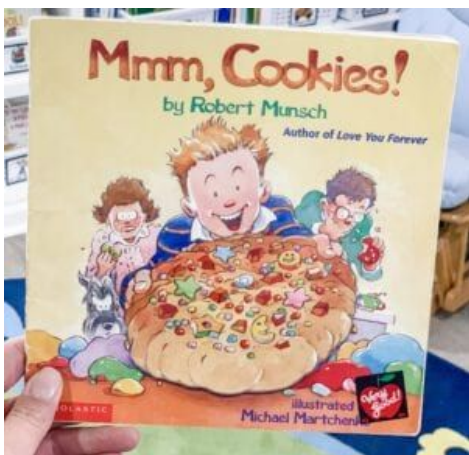
Reading Activities & Book (4)

1. Book: Me and My Senses by Joan Sweeney



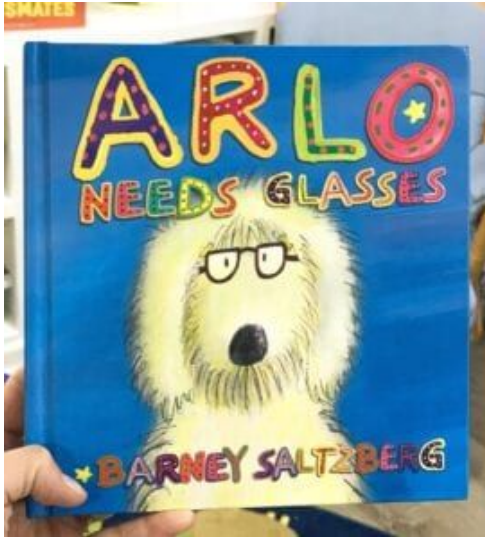
Activity: In that chaotic transition before lunch or snack in the classroom, ask students if they can name the different things that they notice using their five senses.

2. Book: Mmm, Cookies! by Robert Munsch



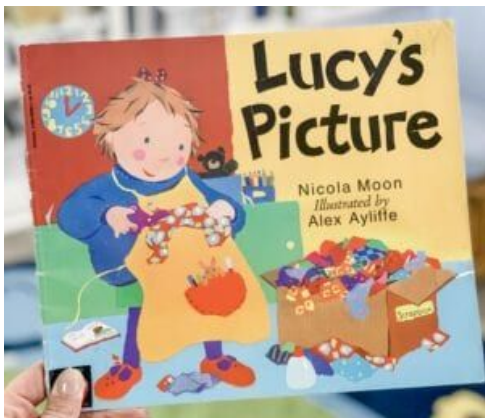
Activity: Set up a play-doh station so students can make their own cookies. Remind them not to eat them though! Frosting and decorating pre-made sugar cookies is a great treat that goes along with this story as well!

3. Book: Arlo Needs Glasses by Barney Saltzberg



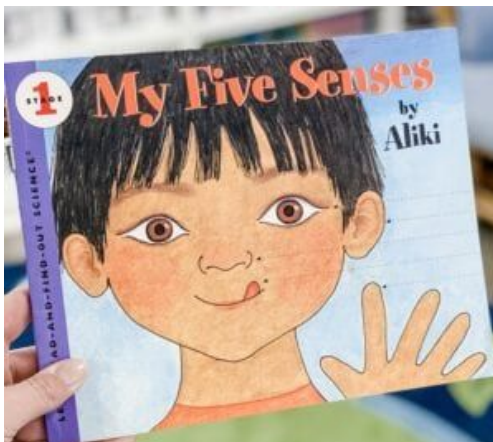
Activity: Add some wacky sunglasses and glasses with non-corrective lenses to your dramatic play area along with a mirror, doctor props, and an eye chart.

4. Book: Lucy's Picture by Nicola Moon

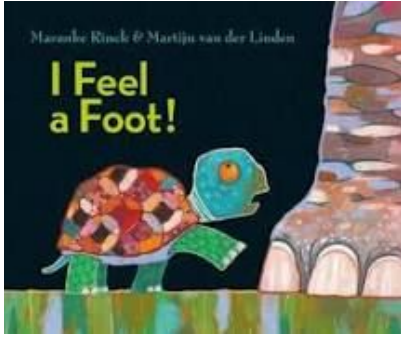


Activity: Set out a variety of materials so students can make their very own touchable picture!

5. My Five Senses by Aliki



6. I feel a Foot by Maranke Rinck, Martijn van der Linden



Science/ Social Science Activity (3)

1. Smell Bottles-Use bottles that are covered so the kiddos can't see through. Put a different smell in each bottle (lemon, garlic, chocolate, etc) Let kiddos smell each bottle and make a prediction of what is inside.
2. Sound Bottles-Use bottles that are covered. Put different things that make noises in each bottle (rocks, crayons, sand, water, etc)
3. Texture Balloons or boxes-Put different textured items in balloons or boxes (sand, gel, water, beans, coins, etc) Have kiddos use their sense of touch to guess what's inside



4. Sense of sound matching game- Put two of the same items in two different colored eggs. Have kiddos shake the eggs and try to match the sounds.



5. Exploring Smell with Smelly Markers-

<https://www.notimeforflashcards.com/wp-content/uploads/2019/07/This-smells-good-1.pdf>



6. Guess the Object Sensory bin- Put random objects in the sand table, blindfold the children and have them guess what items they find with using just their sense of touch
7. Sensory Bags



Game/Fun Activity (3)

1. Blindfold one child at a time and either the teacher or another student can direct them around the classroom. The blindfolded child can make a guess of what center they think they are by feeling around
2. Add different textures to blocks in block center. Hot glue sandpaper, felt, fabric, etc to different blocks for children to experiment with
3. Five Senses Potato Head Game-

<https://alittlepinchofperfect.com/learning-5-senses-potato-head-game-free-printable/>



4. Blindfolded Building



Outdoor Activity (3)

1. Listening walk or listening scavenger hunt- Have the kiddos take a close listen to the different outside sounds and write down what they hear. Or, create a listening scavenger hunt with things like wind, airplane, birds, people talking, cars, etc. Then bring clipboards, the scavenger hunt paper, and a drawing/writing tool for each child on the walk so they can mark off what they hear.
2. Texture rubbings- Have children bring paper and crayons outside with them and rub the different textures onto their papers. Or, have them bring items inside to do texture rubbings.



3. Guess that Object- Blindfold a child and place an outdoor item in their hand (leaves, rocks, sand, etc) have them use their sense of touch to guess what they are holding

****Extras**

1. Five Senses posters freebie- <https://www.teacherspayteachers.com/Product/Five-Senses-Posters-Freebie-2-sets-with-or-without-body-part-labels-for-ELLs-2471819>
2. Five Senses Puppets- <https://www.simpleeverydaymom.com/5-senses-for-kids-puppets/>

