Study Starter Activities (Ages Birth to 5 years old) BEING HEALTHY

Math Activities (3)

- 1. Sorting vegetables and fruits https://pin.it/7qnOqRf
- 2. Teeth number game https://pin.it/400OQEP
- 3. Healthy good chart <u>https://pin.it/7sVR811</u>

Activities (3)

- 1. Cut and Paste activity <u>https://pin.it/2Ymxiab</u>
- 2. Sorting by color <u>https://pin.it/2YAOF0Y</u>
- 3. Staying healthy. <u>https://pin.it/4VA3Fp8</u>

Cooking Activity (2)

- 1. Banana split putting cups <u>https://pin.it/5WGZ2li</u>
- 2. Teddy bear bread <u>https://pin.it/62tQijM</u>

Reading Activities & Book (4)

- 1. The Vegetables We Eat <u>https://pin.it/7fTtwUn</u>
- 2. Max Goes To the farmer's market <u>https://pin.it/7fTtwUn</u>
- 3. Monsters don't eat broccoli https://pin.it/77QUIVi
- 4. Eat your veggies Goldilocks <u>https://pin.it/3cnSOra</u>

Science/ Social Science Activity (3)

- 1. Why do we use soap? <u>https://pin.it/6k49bTI</u>
- 2. Growing germs <u>https://pin.it/R747GYc</u>
- 3. Green food taste tasting <u>https://pin.it/6iuJ6JF</u>

Game/Fun Activity (3)

- 1. Toothbrush painting <u>https://pin.it/5nYjzbx</u>
- 2. The M&Ms game. <u>https://pin.it/2oO5F6w</u>
- 3. Vegetable soup. <u>https://pin.it/5BbC4nT</u>

Outdoor Activity (3)

- 1. Exercises for kids. <u>https://pin.it/5YSHg1s</u>
- 2. Stretching and healthy snacks <u>https://pin.it/3w8Jo6m</u>
- 3. Fruits and vegetables scavenger hunt